

Am I Preparing Well for Tests?

5 - Always 4 - Usually 3 - Sometimes 2 - Not Often 1 - Never

I use a master-to-do list to list out all requirements for the test.	
Attend class (listen for cues from my professor about what he/she finds important).	
I review course materials often (notes, concepts, problems, etc.).	
I do things with the material in my classes to process it to help move from short term to long term memory.	
I conduct short, spaced study sessions throughout my week.	
I ask questions when I need clarification (my professor, classmates, the text, etc.).	
I complete all work and required readings.	
I utilize available resources: professor's office hours, study groups, tutoring, etc.).	
I know key concepts and vocabulary.	
I am very familiar with the syllabi from my courses	
I use the weekends to review all of my notes from that week.	
Score	

If your score is:

40-55: you are preparing well for your tests

15-39: you need a little tune up

11-14: your test preparation needs some major adjustment

* Focus on the areas where you scored 1s & 2s to improve your test preparation *