



Pitt State

Recreation Services, Sport and Hospitality Management (Therapeutic Recreation), Bachelor of Science

Name: _____
ID: _____

Catalog 2024-25

This academic degree map is a term-by-term course schedule designed for you to graduate in four years. The sample schedule below serves as a general guideline to building a full-time schedule for each term. Earning a degree requires that you complete (1) the required General Education courses, (2) the course requirements of your major and (3) any requirements PSU has designated for a Bachelor degree. Courses and special notes are specified to keep you on track to graduate in four years. Where open elective is listed, it means that you may take a course of your choosing, perhaps a course in an area outside of your major, but be sure to discuss this with your advisor.

This map is not a substitute for academic advisement – contact your advisor if you have any questions throughout the term and as you begin planning for the next. The University Catalog is also available as a resource with a complete list of requirements for all degrees offered at PSU.

Recommended 4-years to graduation plan

Code	Semester 1 - FRESHMAN YEAR	Credit	NOTES
ENGL 101	English Composition (SGE) ⁰¹⁰	3	C or better
UGS 150	Gorilla Gateway (SGE) ⁰⁷⁰	2	
PSYCH 155	General Psychology (SGE) ⁰⁵⁰ Suggested	3	
Bucket 030	Math & Statistics (SGE) ⁰³⁰	3	
REC 160	Introduction to the Professions	3	
TOTAL CREDIT HOURS		14	

Code	Semester 2 - FRESHMAN YEAR	Credit	NOTES
COMM 207	Speech Communication (SGE) ⁰²⁰	3	
REC 240	Introduction to Therapeutic Rec.	3	
BIOL 111	General Biology (SGE) ⁰⁴⁰ Suggested	3	
BIOL 112	General Biology Lab (SGE) ⁰⁴⁰ Suggested	2	
Bucket 060	Arts & Humanities (SGE) ⁰⁶⁰	3	
TOTAL CREDIT HOURS		14	

	Semester 3 - SOPHOMORE YEAR	Credit	
Bucket 050	Social & Behavioral Science (SGE) ⁰⁵⁰	3	
ENGL 299	Intro to Research Writing (SGE) ⁰¹⁰	3	C or better
BIOL 257	Anatomy and Physiology	3	
BIOL 258	Anatomy and Physiology Lab	2	
REC 280	Methods and Leadership	3	
TOTAL CREDIT HOURS		14	

	Semester 4 - SOPHOMORE YEAR	Credit	
Bucket 070	Institutionally Designated (SGE) ⁰⁷⁰	3	
Bucket 060	Arts & Humanities (SGE) ⁰⁶⁰	3	
PSYCH 263	Development Psychology	3	
Bucket 070	Institutionally Designated (SGE) ⁰⁷⁰	1	
100+	RSSHM Elective	3	
TOTAL CREDIT HOURS		13	

	Semester 5 - JUNIOR YEAR	Credit	
REC 419	Research in Recreation	3	
REC 473	Diagnostic Groups in Ther. Recreation	3	
REC 320	Promotion in RSH	3	
REC 375	Professional Development Seminar (or REC 270)	3	
100+	RSSHM Elective	3	
TOTAL CREDIT HOURS		15	

	Semester 6 - JUNIOR YEAR	Credit	
REC 311	Program and Design	3	
HHP 462	Adapted PE	2	
HHP 260	First AID and CPR	2	
REC 461	Professional Conference	1	
REC 317	Camping and Outdoor Ed	3	
PSYCH 571	Abnormal Psychology	3	
TOTAL CREDIT HOURS		14	

	Semester 7 - SENIOR YEAR	Credit	
REC 465	Assessment and Document in Therapeutic Rec	3	
REC 469	Interventions in Therapeutic Rec	3	
REC 426	Law of the Professions	3	
100+	RSSHM Elective or Open Elective	3	
100+	RSSHM Elective or Open Elective	3	
TOTAL CREDIT HOURS		15	

	Semester 8 - SENIOR YEAR	Credit	
REC 470	Administration of RSH (or REC 770)	3	
REC 471	Theories and Design of TR Programming	3	
REC 480	Trends and Issues in TR	3	
100+	RSSHM Elective or Open Elective	3	
TOTAL CREDIT HOURS		12	

	Semester 9 - SENIOR YEAR	Credit	
REC 498	Internship	9-12	
TOTAL CREDIT HOURS		9-12	

If completed during SU semester enroll in 9 hours. If completed during WF or SP semesters enroll in 12 hours. TR students must have their coursework completed to enroll in the internship. Internship must be under the supervision of a CTRS and Dr. Covert Miller to take the Certified Therapeutic Recreation Specialist exam.

Writing to Learn: Typically one from general education and one in major coursework.

Systemwide General Education (SGE) Key

- 010 English
- 020 Communications
- 030 Math & Statistics
- 040 Natural & Physical Sciences
- 050 Social & Behavioral Sciences
- 060 Arts & Humanities
- 070 Institutionally Designated