



Name: \_\_\_\_\_

ID: \_\_\_\_\_

This academic degree map is a term-by-term course schedule designed for you to graduate in four years. The sample schedule below serves as a general guideline to building a full-time schedule for each term. Earning a degree requires that you complete (1) the required General Education courses, (2) the course requirements of your major and (3) any requirements PSU has designated for a Bachelor degree. Courses and special notes are specified to keep you on track to graduate in four years. Where open elective is listed, it means that you may take a course of your choosing, perhaps a course in an area outside of your major, but be sure to discuss this with your advisor.

This map is not a substitute for academic advisement – contact your advisor if you have any questions throughout the term and as you begin planning for the next. The University Catalog is also available as a resource with a complete list of requirements for all degrees offered at PSU.

### Recommended 4-years to graduation plan

Code	Semester 1 - FRESHMAN YEAR	Credit	NOTES
UGS 150	Gorilla Gateway (SGE) <sup>070</sup>	2	
ENGL 101	English Composition (SGE) <sup>010</sup>	3	C or better
HHP 195	Introduction to Physical Education	2	
Bucket 030	Mathematics & Statistics (SGE) <sup>030</sup>	3	C or better
Bucket 050	Social & Behavioral Sciences (SGE) <sup>050</sup>	3	
Bucket 070	Institutionally Designated Requirement (SGE) <sup>070</sup>	1	
<b>TOTAL CREDIT HOURS</b>		<b>14</b>	

Code	Semester 2 - FRESHMAN YEAR	Credit	NOTES
BIOL 111	General Biology (SGE) <sup>040</sup> Suggested	3	
BIOL 112	General Biology Lab (SGE) <sup>040</sup> Suggested	2	
COMM 207	Speech Communication (SGE) <sup>020</sup>	3	C or better
HHP 260	First Aid and CPR	2	
PSYCH 155	General Psychology	3	
Bucket 050	Social & Behavioral Sciences (SGE) <sup>050</sup>	3	
<b>TOTAL CREDIT HOURS</b>		<b>16</b>	

	Semester 3 - SOPHOMORE YEAR	Credit	
BIOL 257	Anatomy and Physiology	3	
BIOL 258	Anatomy and Physiology Lab	2	
EDUC 261	Explorations in Education	3	C or better
ENGL 299	Introduction to Research Writing (SGE) <sup>010</sup>	3	C or better
HHP 262	Care and Prevention of Athletic Injuries	2	
Bucket 070	Institutionally Designated Requirement (SGE) <sup>070</sup>	3	
<b>TOTAL CREDIT HOURS</b>		<b>16</b>	

	Semester 4 - SOPHOMORE YEAR	Credit	
HHP 345	Measurement & Evaluation	2	
HHP 460	Kinesiology	3	
PSYCH 263	Developmental Psychology	3	C or better
Bucket 060	Arts & Humanities (SGE) <sup>060</sup>	3	
Bucket 060	Arts & Humanities (SGE) <sup>060</sup>	3	
100+	Open Elective	3	
<b>TOTAL CREDIT HOURS</b>		<b>17</b>	

	Semester 5 - JUNIOR YEAR	Credit	
HHP 341	Elementary School Physical Education and Health	3	
HHP 360	Theory and Fundamentals of Activities I	2	
HHP 464	Physiology of Exercise	3	
HHP 466	Motor Learning and Development	3	
100+	HHP Elective	3	
<b>TOTAL CREDIT HOURS</b>		<b>14</b>	

	Semester 6 - JUNIOR YEAR	Credit	
EDUC 307	Clinical Experience	1	
HHP 361	Theory and Fundamentals of Activities II	2	
HHP 462	Adapted Physical Education	2	
PSYCH 357	Educational Psychology	3	C or better
SPED 510	Overview of Special Education	3	C or better
100+	HHP Elective	3	
<b>TOTAL CREDIT HOURS</b>		<b>14</b>	

	Semester 7 - SENIOR YEAR	Credit	
EDUC 520	Methods & Materials for Academic Literacy	3	C or better
HHP 362	Theory and Fundamentals of Activities III	2	
HHP 468	Principals of Admin. in Health & Phy. Ed	3	
HHP 479	Techniques for Teaching Physical Education	3	
100+	Open Elective	2	
<b>TOTAL CREDIT HOURS</b>		<b>13</b>	

	Semester 8 - SENIOR YEAR	Credit	
EDUC 458	Methods and Curriculum	3	
EDUC 464	Foundation of Measurement and Evaluation	2	
EDUC 475	Supervised Clinical Experience	9	
HHP 579	Supervised Student Teaching & Fol-Up of Tchrs	2	
<b>TOTAL CREDIT HOURS</b>		<b>16</b>	

Writing to Learn: Typically one from general education and one in major coursework.

#### Systemwide General Education (SGE) Key

- |                                 |                                  |
|---------------------------------|----------------------------------|
| 010 English                     | 050 Social & Behavioral Sciences |
| 020 Communications              | 060 Arts & Humanities            |
| 030 Math & Statistics           | 070 Institutionally Designated   |
| 040 Natural & Physical Sciences |                                  |

